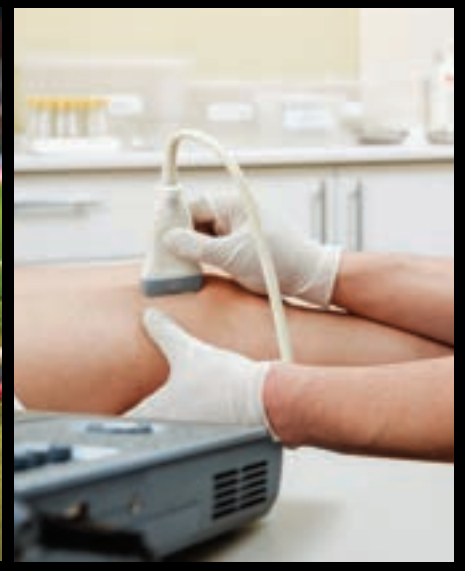




**MON VALLEY**  
CAREER & TECHNOLOGY CENTER

# Sports Medicine



**The Sports Medicine career pathway is a 3-year program that offers hands-on application, state-of-the-art technologies, and individualized curriculum.**

## Curriculum Highlights:

Sports Medicine at MVCTC equips students with a comprehensive understanding of sports medicine's pivotal role in rehabilitation. Pennsylvania's ranking among the top five states for employing Physical Therapists underscores the strong demand for skilled professionals in rehabilitation. The program offers students a significant advantage, preparing them well for further education in sports medicine and rehabilitation, encompassing emergency response, vital signs, anatomy, injury assessment, taping, therapeutic modalities, rehabilitation, strength and conditioning, nutrition, and medical terminology.

## Gain real-life experience working on:

- First Aid
- Emergency action response
- Injury assessment
- Exercise prescription
- Taping and stretching techniques

## Equipment/Technology Used:

- Crutches/Walkers
- Therapeutic Modalities (electrical stimulation, ultrasound, cryotherapy, hydrocollator)
- Strengthening and cardiovascular fitness machines
- Promethean Board
- Apollo Training Manikin

## Career Focus:

You will be well-prepared to further your education in any of the sports medicine fields with the advantage of already having emergency response and patient care experience. You may also choose to become a Physical Therapy Technician/Aide (PTTC) and work at a local rehabilitation facility upon completion of the certification.

For More Information Please Visit Our Web Site:

# WWW.MONVALLEYCTC.ORG

**This program is a 3-year program. You must complete 2-3 full years of the program along with scoring proficient or advanced on the NOCTI exam to receive a certificate of completion.**

## **Additional Benefits:**

- Coming to the MVCTC will save you thousands of dollars in school loans
- Participate in job shadowing, internships and paid employment
- Opportunities to compete regionally and nationally in SkillsUSA
- You will leave MVCTC prepared for entry level employment to help offset college costs
- You may qualify for scholarship opportunities

Campus Location	5 Guttman Ave. Charleroi, PA
Grade Levels	Sophomores, Juniors and Seniors
Fees / Supplies (subject to change)	MVCTC Sports Medicine Polo - \$20 Khaki Pants & Sneakers - Cost Varies
Organizations, Affiliations or CTSO	SkillsUSA NTHS
College Connections	Waynesburg University
NOCTI Credit	Earn up to 3 credits
Industry Certifications	OSHA Basic Life Support Physical Therapy Technician
Technology Integration	Therapeutic Modalities Smart board Fitness Equipment Apollo Training Manikin

**Instructor:**  
**Catie Tomaino**

724.489.9581 ext. 255 | [ctomaino@monvalleyctc.org](mailto:ctomaino@monvalleyctc.org)

This document is provided to you as an overview of the Mon Valley Career & Technology Center program. The information is not intended to be a binding contract and is subject to change at any time. For more information or clarifications, please see the program instructor.

It is the policy of the Mon Valley Career & Technology Center not to discriminate on the basis of race, color, national origin, sex, disability or age in its programs or activities and provides equal access to the Boy Scouts and other designated youth groups. For information regarding civil rights, grievance procedures or access, contact: Mr. Neil Henehan 5 Guttman Ave. Charleroi, PA 15022 (724) 489-9581